



- Classes:** A: 17 years and older  
B: 15-16 years  
C: 13-14 years  
D: 12 years and younger
- Registration:** Entries are made by Tempus Anmälan or sending an entry form or an entry file (LENEX) to [tk@falkenbergsk.se](mailto:tk@falkenbergsk.se) by the **29th of March 2019**
- Fee:** 70 SEK for each individual entry; 80 SEK for teams
- Late entries:** Late entries can be done but we cannot give guaranty for starts
- Cancellation:** Cancellations for session 1 to [tk@falkenbergsk.se](mailto:tk@falkenbergsk.se) latest Friday the 12th April 12.00 o'clock  
From sessions 2-4, omissions will occur immediately before the previous session has been completed.  
Deletions are made overall through SYNC.  
No attendance will be charged at a rate of 100 kronor per empty lane on the day.
- Prizes:** Medals will be awarded to the top 3 in each age group and appropriate event.  
In Para-events FINA points will be awarded.
- Best performance:** Each overall winning class will be awarded 500 kronor to the best male or female in their age group, based on his or her 4 best event using the FINA points system.
- Lunch:** Lunch can be booked by email to [kansli@falkenbergsk.se](mailto:kansli@falkenbergsk.se) before 31th march please do not forget to include billing details. More information can be found on our homepage [www.falkenbergsk.se](http://www.falkenbergsk.se)
- Lodging:** For those wishing to stay in Falkenberg for the duration of the tournament Falkenbergs Sk is offering a package deal in a communal school and hotel/camping lodging.  
We are also recommending local hotel and camping grounds on our website at [www.falkenbergsk.se](http://www.falkenbergsk.se)  
More information will be available on our website.

## Para swimming

- Classes:** S1 – S14 according to IPCs rules.  
Swimmers born in 2001 and later can participate in youth classes.  
These are:  
Class K1 = S9-10, S11-S13 and S14  
Class K2 = S6-S8  
Class K3 = S1 – S5.  
Also available is Class K4 for swimmers with a neuropsychiatric disability.  
License is required in order to obtain IPC records.
- Registration:** Sends to [tk@falkenbergsk.se](mailto:tk@falkenbergsk.se) by the **29th of March 2019**  
You will find an excel document on our homepage and in file archive on Livetiming
- Seeding:** All classes will be seeded together. The results will be available per event and K-classes.
- Rules:** The competition will be held in accordance with IPCs and FINAs rules
- Results:** All results will be available to view at the competition venue.
- Publication:** On [www.falkenbergsk.se](http://www.falkenbergsk.se)
- Information:** Tore Holmefalk, 0708-960 666, [tk@falkenbergsk.se](mailto:tk@falkenbergsk.se)
- Para-swimming:** Ulrike Feldhusen, 0704-079 666, [kansli@falkenbergsk.se](mailto:kansli@falkenbergsk.se)

The competition can also be followed on <http://www.livetiming.se>

# Falkenberg Race

## List of events

<b>Session 1 Saturday 13/4</b> <b>Warm-up 07:45 Competition 09:00</b>	<b>Session 2 Saturday 13/4</b> <b>Warm-up 14:15 Competition 15:30</b>
1 50m Freestyle M A-D	13 50m Freestyle W A-D
<b>2 50m Freestyle M Paraswim</b>	<b>14 50m Freestyle W Paraswim</b>
3 50m Butterfly W A-D	15 50m Backstroke M A-D
<b>4 50m Butterfly W Paraswim</b>	<b>16 50m Backstroke M Paraswim</b>
5 100m Freestyle M A-D	17 100m Butterfly W A-D
<b>6 100m Freestyle M Paraswim</b>	<b>18 100m Butterfly W Paraswim</b>
7 200m Freestyle W Open class	19 200m Butterfly M Open class
8 200m Backstroke M Open class	20 200m Breaststroke W Open class
9 100m Backstroke W A-D	21 100m Breaststroke M A-D
<b>10 100m Backstroke M Paraswim</b>	<b>22 100m Breaststroke M Paraswim</b>
11 200m Medley M Open class	23 400m Freestyle W Open class
12 4x100 Freestyle mixed Open class	24 400m Medley M Open class
	25 4x100 Medley W D Open class
	26 4x100 freestyle M Open class
<b>Session 3 Sunday 14/4</b> <b>Warm-up 07:45 Competition 09.00</b>	<b>Session 4 Sunday 14/4</b> <b>Warm-up 14:15 Competition 15:30</b>
27 50m Breaststroke W A-D	39 50m Freestyle M A-D
<b>28 50m Breaststroke W Paraswim</b>	<b>40 50m Freestyle M Paraswim</b>
29 50m Butterfly M A-D	41 50m Backstroke W A-D
<b>30 50m Butterfly M Paraswim</b>	<b>42 50m Backstroke W Paraswim</b>
31 100m Freestyle W A-D	43 100m Butterfly M A-D
<b>32 100m Freestyle W Paraswim</b>	<b>44 100m Butterfly M Paraswim</b>
33 200m freestyle M Open class	45 200m Butterfly W Open class
34 200m Backstroke W Open class	46 200m Breaststroke M open class
35 100m Backstroke M A-D	47 100m Breaststroke W A-D
<b>36 100m Backstroke M Paraswim</b>	<b>48 100m Breaststroke W Paraswim</b>
37 200 Medley W Open class	49 400m Freestyle M Open class
38 4x100m Medley mixed Open class	50 400m Medley W Open class
	51 4x100 Medley M D Open class
	52 4x100 freestyle W Open class